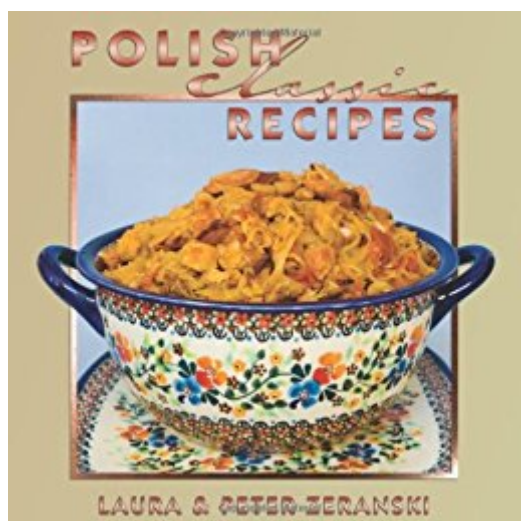


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# Polish Classic Recipes (Classics Series)



## Synopsis

Hospitality and hearty food are the hallmarks of the Polish dining experience. This classic and concise cookbook features dozens of favorite Polish dishes showcasing a variety of flavors, preparation techniques, and ingredient selections. With titles given in both Polish and English, recipes range from cucumber salad and beet soup to pork cutlets and potato pancakes. A chapter devoted to pierogi presents the dumplings with an assortment of fillings, and the final chapter of sweets tops off any meal in true Polish fashion. Like all the books in Pelican's Classic Recipe Series, the entries in this collection were carefully selected to provide a cross section of memorable and authentic dishes. Organized by course, the offerings range from appetizers and salads to sides and sweets, featuring the most iconic and national of dishes--Hunter's Stew and Barszcz--alongside simple comfort food and a handful of desserts, including honey cake, poppy seed rolls, and chocolate mazurka. Designed for the modern kitchen yet retaining traditional roots, each heritage recipe has been tested to perfection. Accompanied by notes on Polish holiday customs, history, and menu pairing suggestions, these dishes offer a flavorful sample of the Polish dining experience, as passed down from generation to generation.

## Book Information

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## Customer Reviews

For the complete Polish cuisine experience, this book has it all. Color photographs of each dish - clear and simple instructions - as well as interesting tidbits on Polish customs, folklore, and history. What I love best about Eastern Europeans food are the unexpected flavor combinations - dill pickles in soup for example! In this book you will find some real tasty dishes like red cabbage with apples salad, potato pancakes, pierogies of course, and a to-die-for plum cake. There are also time saving tips for complicated dishes, which brings the intimidation factor way down. There are a few recipes missing, which I am happy to have *Treasured Polish Recipes for Americans* help me with and I also like *Authentic Polish Cooking: 150 Mouthwatering Recipes, from Old-Country Staples to Exquisite Modern Cuisine* for healthy substitutions and examples of modern Polish cuisine.

I work in the Reference Department for Public Library and one of the great things about my job is maintaining the culinary section. There is certainly no shortage of cookbooks in this world, so I love coming across those worth mentioning. Laura and Peter Zeranski's "Polish Classic Recipes" is one of those serendipitous little finds. I picked it up to flip through a few pages and found myself immersed in a world of alluring Polish recipes with breezy and inviting prose. It's my personal belief as a reader that if you're going to publish a cookbook it's best to add some photography or art work. After all, we less-than-skilled wanna-be culinary artists need to know what our meals are supposed to look like when following a recipe. I'm happy to report that the photographs are abundant. Having grown up on Spam and Spaghetti-o's I'll be the first to say that I don't have a very well-developed set of taste-buds. But this little book makes me want to explore the Zeranskis' world of culinary delights. The Walnut Torte and Plum Cake are at the top of my must-try list.

My wife is half Polish and she enjoys sharing her family's culture and food with our family as she can. One of our favorite family meals are pierogi's. When I was asked to check out this book I knew that she would be excited to try out some of the recipes. When she went through the book I was not disappointed. Her eyes lit up and she was immediately drawn to some of the recipes she remembered her Grandmother making. She was very excited to see Angel Wing Crisps as they were one of her favorite memories of her Grandmother growing up. She immediately wanted to try them out, and let me tell you... though they are not healthy, they are delicious. So if you are Polish, or simply love Polish food, this book has a great variety of traditional recipes that are easy to make

and delicious, check this book out today!

The cookbook is absolutely a classic. All the recipes are similar to my mother's recipes from before World War II. The book is concise, very well illustrated giving the finished product in color. Please send me the titles of the other cookbooks in this classic series.

The book was a birthday present to a friend of Polish origin. It was a hit. We prepared a meal from it for her birthday dinner party and everyone loved it. The recipes are presented in an easy to follow way with the pictures helping for appeal and guidance. The birthday girl confirmed the originality of the recipes.

I was so pleased to find that Polish Classic Recipes includes many familiar dishes from my childhood. The photos throughout are wonderful and the recipes are easy to follow with so many informative tips and comments. The Red Cabbage with Apples salad is very simple, yet flavorful. And the recipe for Potato Pancakes is our new family favorite!

Of the many memories that make up a childhood "growing up ethnic", are those of the holidays when the whole family got together to celebrate; the cooking that went on for what seemed like days, filling the house with the enticing aromas of foods made especially for the moment and the tables literally groaning with food enough to feed an army. This book brought back those memories and a desire to make the dishes so long untasted. Easy to follow recipes and colorful photographs of each dish are accompanied by interesting narrative on Polish holiday customs, folklore and history. Organized from appetizers to desserts, this book will make you hungry and desiring to try the dishes for yourself. There is much to experience in only 96 pages - enough to keep you warm and happy throughout the year. Smaczne!!

The photographs alone, in this little gem of a cookbook, will make you want to rush to the kitchen and begin cooking. I am not Polish, but the recipes are so enticing that any ethnic group would be interested in giving them a go. There are also some recipes with "Time Saving" ideas allowing one to whip up a complicated dish in less time than usual. Most recipes are fairly simple and won't intimidate an average cook. I recommend this book to any and all.

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